



# **EAT AT TRU**

Whatever your needs, we've got you covered!

Our expert coordinators and talented catering team offer a diverse skill set and experiences to best assist you in designing the perfect culinary experience for your theme and budget. We strive to offer an excellent variety of healthy, fresh, seasonal and locally sourced creative food options.

Ask us about our substitute menu options for dietary concerns; we are happy to accommodate religious, social, and allergy restrictions. You are welcome to challenge us with your unique ideas or let us explore our creative boundaries to develop options that fit perfectly with your event. Our team is happy to assist and make recommendations, the options are endless.

TRU Conference Centre will help you make your event truly unique.

# Bon Appétit!

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# **DIETARY GUIDE**



(V) Vegan (VG) Vegetarian (GF) Gluten Free (DF) Dairy Free (NF) Nut Free

### ALL DAY MEETING PACKAGES

### LIGHT MEETING PACKAGE

\$65/person
Minimum order of 10 guests.

#### CONTINENTAL BREAKFAST

- Fresh fruit salad (V, GF)
- Assorted muffins and danishes (VG)
- Assorted yogurt cups (VG)
- Coffee, tea and fruit juice

#### MORNING PICK ME UP

- Banana loaf with preserves and honey butter (VG)
- Energy bites (GF, V)
- Oatmeal cookies (VG)
- Coffee and tea OR soft drinks

#### SANDWICH & WRAP LUNCH

- Choice of three sandwich flavours
- Chef's daily soup OR organic green chop salad with dressings (V, GF)
- Salted kettle chips with ranch dip (VG)
- Assorted pickles (V, GF)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

#### **AFTERNOON FRUIT & NUT**

- Fresh fruit tray (V, GF)
- Assorted cheese and crackers (VG)
- Mixed nuts, dried fruit & chocolate chips (VG)
- Coffee and tea OR soft drinks

### **CLASSIC MEETING PACKAGE**

\$70/person
Minimum order of 10 guests.

#### LIGHT BREAKFAST

- Assorted whole fruit (V, GF)
- Scrambled eggs (VG, GF)
- Seasoned hash browns (VG)
- Assorted mini danishes (VG)
- Coffee, tea and fruit juice

#### MID-MORNING BREAK

- Assorted cheese and crackers (VG)
- Brownie and strawberry kebabs (VG, GF)
- Oatmeal cookies (VG)
- Coffee and tea OR soft drinks

#### **HEARTY CHICKEN SOUP**

- Dinner rolls and butter (VG)
- Organic green chop salad with dressings (V, GF)
- Roast chicken and vegetable soup (DF, GF)
- Salted kettle chips with ranch dip (VG)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

#### FIESTA BREAK

- Corn tortilla chips (V, GF) and garlic crostini (VG)
- Pico de gallo and guacamole (V, GF)
- Vegetable platter (V, GF)
- Roasted red pepper hummus (V, GF) and dill ranch dip (VG)
- Coffee, tea OR soft drinks

### **ALL DAY MEETING PACKAGES**

### **HEARTY MEETING PACKAGE**

\$75/person
Minimum order of 20 guests.

#### **EARLY RISER**

- Fresh fruit salad (V, GF)
- Scrambled eggs (VG, GF)
- Seasoned hash browns (VG)
- Smoked bacon (2) (DF, GF)
- Pork sausages (2) (DF, GF)
- Coffee, tea and fruit juice

#### MORNING PICK ME UP

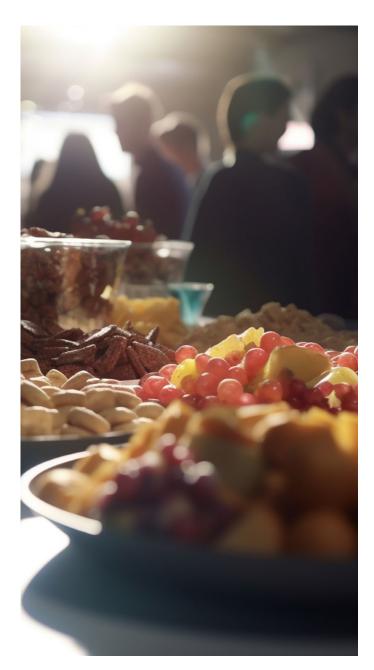
- Banana loaf with preserves and honey butter (VG)
- Assorted mini danish (VG)
- Fresh fruit tray (V, GF)
- Coffee and tea OR soft drinks

#### **MEXICAN BUFFET**

- Choice of chicken OR ground beef (DF, GF)
- Soft flour (VG) and hard corn tortillas (VG, GF)
- Pico de gallo, guacamole and lettuce (V, GF)
- Baja sauce and nacho cheese (VG, GF)
- Spicy potato wedges (VG)
- Cilantro lime coleslaw (VG)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

#### AFTERNOON SNACK

- Deli selection platter
- Salted kettle chips and ranch (VG)
- Assorted brownies (VG)
- Coffee and tea OR soft drinks



# **MORNING MEDLEYS**

Minimum order of 10 guests per selection unless otherwise stated.

#### **CONTINENTAL BREAKFAST \$20**

- Fresh fruit salad (V, GF)
- Assorted muffins and danishes (VG)
- Assorted yogurt cups (VG)
- Coffee, tea and fruit juice

#### **EXECUTIVE CONTINENTAL \$25**

- Fresh fruit platter (V, GF)
- Assorted muffins and danishes (VG)
- Build your own yogurt parfait: (VG)
  - Yogurt, berries, granola, almonds, pecans, cranberries and raisins
- Assorted energy bites (V, GF)
- Coffee, tea and fruit juice

#### **BREAKFAST SANDWICH OR WRAP \$19**

- Fresh fruit salad (V, GF)
- Choice of one:
  - Sausage, egg and cheddar english muffin
  - Bacon, egg and cheddar english muffin
  - Sausage, egg, cheddar and salsa wrap
- Coffee, tea and fruit juice

#### **LIGHT BREAKFAST \$20**

- Assorted whole fruit (V)
- Scrambled eggs (VG, GF)
- Seasoned hash browns (VG)
- Assorted mini danish (VG)
- Coffee, tea and fruit juice

#### **MORNING START \$25**

- Scrambled eggs (VG, GF)
- Build your own yogurt parfait: (VG)
  - Yogurt, berries, granola, almonds, pecans, cranberries and raisins
- Seasoned hash browns (VG)
- Fruit and cheese combo platter (VG, GF)
- Coffee, tea and fruit juice

### **EARLY RISER \$25**

- Fresh fruit salad (V, GF)
- Scrambled eggs (VG, GF)
- Seasoned hash browns (VG)
- Smoked bacon (2) (DF, GF)
- Pork sausage (2) (DF, GF)
- Coffee, tea and fruit juice

#### **TATER TOT SCRAMBLE \$26**

- Fresh fruit salad (V, GF)
- Scrambled eggs (VG, GF)
- Nacho cheese blend (VG, GF)
- Bacon crumble (DF, GF)
- Spring onion and tomato (V, GF)
- Tater tots (VG)
- Coffee, tea and fruit juice



# **MORNING MEDLEYS**

Minimum order of 10 guests per selection unless otherwise stated.

#### **FRITTATA CUP \$27**

- Fresh fruit platter (V, GF)
- Egg frittata cups, choice of one:
  - Bacon and cheddar (GF)
  - Ham and cheddar (GF)
  - Spring onion and tomato (VG, GF, DF)
- Seasoned hash browns (VG)
- Smoked bacon (2) (DF, GF)
- Pork sausage (2) (DF, GF)
- Coffee, tea and fruit juice

#### **HEARTY BREAKFAST \$29**

- Fresh fruit platter (V, GF)
- Scrambled eggs (VG, GF)
- Seasoned hash browns (VG)
- Smoked bacon (2) (DF, GF)
- Pork sausage (2) (DF, GF)
- Cinnamon french toast (2) OR pancakes (2) (VG)
- Coffee, tea and fruit juice

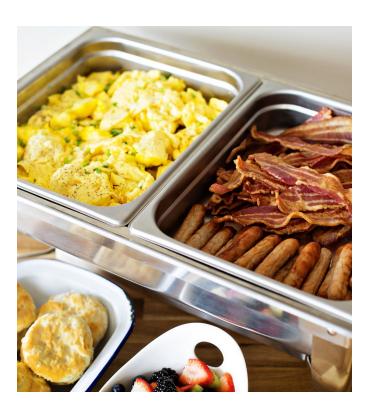
#### **BOXED BREAKFAST \$20**

- Assorted muffins (VG)
- Whole fruit (V, GF)
- Assorted yogurt cups (VG, GF)
- Cheddar cheese (VG, GF)
- Juice Box
- Choice of one pastry:
  - Bagel and cream cheese (VG)
  - Croissant served with whipped butter (VG)

#### BRUNCH \$36

Minimum order of 20 guests. Served between 10 am - 2 pm.

- Fresh fruit platter (V, GF)
- Spring onion and tomato frittata cups (VG, GF, DF)
- Smoked bacon (2) (DF, GF)
- Buttery croissants (VG)
- Herb roasted country potatoes (V, GF)
- Organic green salad with mandarin oranges and cranberries (V, GF)
- Grilled chicken breast with roasted vegetable tomato pomodoro sauce (DF, GF)
- Dessert squares, cookies and sliced fruit (VG)
- Coffee, tea and fruit juice



# **FRESHLY BAKED**

Priced 10 per tray.

# DELECTABLE LOAVES \$50 DELECTABLE LOAVES - HALF SIZE \$28

Your choice of banana chocolate chip, lemon poppyseed, apple toffee or blueberry yogurt. Served with honey butter. (VG)

#### PASTRY ASSORTMENT \$45.50

Assortment of muffins, danishes and turnovers. Served with butter and preserves. (VG)

### **MUFFIN ONLY ASSORTMENT \$46.50**

Assortment of chocolate chip, carrot, bran, blueberry, cranberry lemon and banana. Served with butter and preserves. (VG)

#### **GLUTEN FREE MUFFINS \$50**

Served with butter and preserves. (DF, GF)

#### **VEGAN MUFFINS \$50**

Served with vegan margarine and preserves. (V, GF)

#### CROISSANTS \$48.50

Your choice of plain or chocolate drizzled. (VG)

#### **HAZELNUT AND PEANUT ENERGY BITES \$25**

Oats, peanut butter, hazelnuts, coconut, cocoa powder and vanilla. (GF, V)

#### **DRIED FRUIT & NUT ENERGY BITES \$25**

Assorted dried fruits, oats, peanut butter, chopped nuts and coconut. (GF, V)

#### FRESH FRUIT & PASTRY PLATTER \$59

Assorted muffins and mini danishes with fresh melon and berries. Served with butter and preserves. (VG)

WARM CINNAMON BUNS (VG) \$37.50

APPLE TURNOVERS (VG) \$44.50

#### MINI DANISHES \$33.50

Assortment of cinnamon, vanilla, raspberry, maple and apple. (VG)

#### **BREAKFAST DONUTS \$48**

Choice of carrot cake coconut cream cheese or chocolate vanilla sprinkle. (VG)



# **ENHANCEMENTS**

Minimum order of 10 guests per selection.

#### **CEREAL & MILK \$6.25**

Assortment of dry cereal and 2% milk. (VG)

#### **YOGURT PARFAIT BAR \$10.50**

Fruit and greek yogurt served with granola, mixed berries, raisins, dried cranberries, almonds and pecans. (VG)

#### FRUIT SALAD \$9

Pineapple, honey dew, cantaloupe, orange segments and grapes in a light simple syrup. (V, GF)

#### **YOGURT CUPS \$3.25**

Assorted strawberry, vanilla, peach and blueberry. (VG)

#### WHOLE FRUIT \$2.50

Assortment of apples, oranges and bananas. (V, GF)

#### **TOFU SCRAMBLE \$7**

Crumbled tofu with sautéed onion, bell peppers, spices and finished with spring onion (NF, GF, V).

#### **TOAST STATION \$5.25**

Assorted breads served with butter, peanut butter and preserves. (VG)

### FRUIT SMOOTHIE \$9.50

Classic (VG, GF) - greek yogurt, banana, berries and orange juice. Vegan (V, GF) - almond milk, banana, berries and orange juice.

GLAZED TOUPIE HAM (2) (DF, GF) \$7 SMOKED BACON (3) (DF, GF) \$7 PORK SAUSAGE (2) (DF, GF) \$7 TURKEY SAUSAGE (3) (DF) \$7



# **TAKE A BREAK**

Minimum order of 10 guests per selection.



#### **ENERGIZER \$15**

- Salted kettle chips with ranch dip (VG)
- Energy bites (V, GF)
- Fresh fruit tray (V, GF)
- Coffee, tea OR soft drinks

#### **REJUVENATOR** \$15

- Assorted cheese & crackers (VG)
- Brownie & strawberry kebabs (VG, GF)
- Oatmeal cookies (VG)
- Coffee, tea OR soft drinks

#### **MID-MORNING BREAK \$15**

- Lemon loaf with preserves and honey butter (VG)
- Assorted mini danishes (VG)
- Fresh fruit tray (V, GF)
- Coffee, tea OR soft drinks

#### **A LITTLE PICK ME UP \$15**

- Yogurt and granola (VG)
- Banana loaf with preserves and honey butter (VG)
- Energy bites (V, GF)
- Coffee, tea OR soft drinks

#### **INDIGENOUS BREAK \$15**

- Bannock with preserves and honey butter (VG)
- Assorted cheese and crackers (VG)
- Mini soft blueberry and mini soft apple cookies (VG)
- Coffee, tea OR soft drinks

#### **TRADITIONAL BREAK \$15**

- Sliced fruit tray (V, GF)
- Assorted cheese and crackers (VG)
- Chocolate cake (VG)
- Coffee, tea OR soft drinks

# **TAKE A BREAK**

Minimum order of 10 guests per selection.



#### FRUITY, CHEESY & NUTTY \$15

- Sliced fruit tray (V, GF)
- Assorted cheese and crackers (VG)
- Mixed nuts, dried fruits & chocolate chips (VG)
- Coffee, tea OR soft drinks

#### **AFTERNOON SNACK \$15**

- Deli selection platter
- Salted kettle chips and ranch dip (VG)
- Assorted brownies (VG)
- Coffee, tea OR soft drinks

#### **SWEET & SALTY \$15**

- Assorted gummy and sour candies (VG)
- Salted pretzels and roasted garlic hummus (VG)
- Salted kettle chips and ranch dip (VG)
- Cream puffs and mini cupcakes (VG)
- Coffee, tea OR soft drinks

#### **FIESTA BREAK** \$15

- Corn tortilla chips (V, GF) and garlic crostini (VG)
- Pico de gallo and guacamole (V, GF)
- Vegetable platter (V, GF)
- Roasted red pepper hummus (V, GF) and dill ranch dip (VG)
- Coffee, tea OR soft drinks

### **LUNCH BUFFETS**

Minimum order of 10 guests.

#### **PREMIUM WRAP & SANDWICH \$27**

- Choice of 3 wrap and/or sandwich selections
- Chef's daily soup OR organic green chop salad with dressings (V, GF)
- Salted kettle chips and ranch dip (VG)
- Assorted pickles (V, GF)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

#### **SIMPLE WRAP & SANDWICH \$20**

- Choice of 3 wrap and/or sandwich selections
- Salted kettle chips and ranch dip (VG)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

#### **WRAP & SANDWICH ONLY \$12**

• Choice of 3 wrap and/or sandwich selections

#### **BOXED LUNCH \$22**

- Choice of 3 sandwich selections
- Choice of 4 items:
  - Whole fruit (V, GF) Cookie (VG)
  - Veggies and dip (VG) Yogurt cup (VG)
  - Lays potato chips Brownie (V, GF)
  - Salad with dressing (V, GF) Juice box

#### **WRAP SELECTIONS**

- Grilled chicken caesar wrap
- Mediterranean chicken wrap with tzatziki, feta, tomato, cucumber, olives and greens
- Chopped chicken salad wrap with diced apple, grapes, mayo, onion, celery and greens
- BBQ ranch chicken, bacon, tomato, onion, romaine and a triple cheese blend
- Teriyaki steak with a sesame slaw and scallions
- Ground bison wrap with apple cranberry coleslaw and spring onion

### WRAP SELECTIONS - DIETARY FRIENDLY

- Greek wrap with hummus, tomato, cucumber, pepper, kalamata olive, spinach and vegan cheese (V)
- Falafel with roasted red pepper, tomato, cucumber, baby kale, hummus and vegan cheese (V)
- Roasted squash, spinach, corn and quinoa salad wrap (V)
- Peach salsa, apple cider coleslaw with roasted bell pepper and baby kale (V)

### **LUNCH BUFFETS**

#### **SANDWICH SELECTIONS**

- Sage roasted turkey with sundried tomato pesto aioli, swiss cheese, tomato, cucumber and greens
- Sage roasted turkey and avocado club with garlic aioli, romaine, tomato, bacon and cheddar
- Sage roasted turkey with blueberry aioli, caramelized onion, tomato, cheddar and greens
- Sicilian roast turkey with hummus, greens, roasted bell pepper, cucumber and havarti
- Honey ham, poached apple and brie with pineapple curry aioli and baby spinach
- Dijon ham and swiss cheese with whole grain mustard, caramelized onions, tomato and lettuce
- Rosemary roast beef with whole grain mustard, sautéed mushroom, tomato, greens and jack cheese
- Roast beef with BBQ aioli, romaine, tomato, caramelized onions and cheddar cheese
- Roast beef with horseradish aioli, greens, caramelized onion, tomato and cheddar
- Salami and pepperoni with sriracha aioli, greens, tomato, olives, crisp onion and cheddar

#### SANDWICH SELECTIONS - DIETARY FRIENDLY

- Egg salad with dill, Tabasco, red and green onions (VG)
- Cucumber, avocado, dill cream cheese, organic greens, roasted red pepper and havarti (VG)
- Poached apricot, ricotta herb spread, cucumber, roasted bell pepper and baby kale (VG)
- Sage roasted turkey, tomato, cucumber, spinach, cranberry aioli and cheddar cheese served on gluten free bread (GF)
- Avocado and brie cheese with baby kale, tomato, cucumber and garlic aioli (VG, GF)
- Roast beef with whole grain mustard, romaine, tomato, caramelized onions and cheddar (GF)

### **BUILD YOUR OWN**

#### **SANDWICH BAR \$27**

Minimum order of 20 guests.

- Kaiser buns
- Sage roasted turkey (GF)
- Roast beef (GF)
- Honey ham
- Cheddar, swiss and havarti cheese (VG)
- Tomato, cucumber, onion and lettuce (V, GF)
- Mayo, mustard and hummus
- Chef's daily soup OR organic green salad with dressings (V, GF)
- Salted kettle chips and ranch dip (VG)
- Assorted pickles (V, GF)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

#### **SUPER GRAIN SALAD BAR \$23**

Minimum order of 20 guests.

- Hot cajun blackened chicken (DF, GF)
- Hot chickpea falafel (V, GF)
- Quinoa (V, GF)
- Seven grain rice (V, GF)
- Baby kale and organic greens (V, GF)
- Dried cranberries (V, GF)
- Poached peaches (V, GF)
- Grape tomatoes (V, GF)
- Red onion (V, GF)
- Cucumber (V, GF)
- Shredded carrots (V, GF)
- Paprika roasted chickpeas (V)
- Roasted pecans (V)
- Vegan mozzarella cheese (V, GF)
- Triple cheese blend (VG, GF)
- Balsamic vinaigrette (V, GF)
- Greek herb vinaigrette (V, GF)
- Italian vinaigrette (V, GF)

# **HOT LUNCH BUFFETS**

Minimum order of 10 guests per selection.

All hot lunch buffets are served with dessert squares, cookies and sliced fruit. Choice of iced tea, lemonade or punch. Hot lunch buffets are based on a 2 hour service. Available after 5 pm for a light dinner, additional labour will apply.

#### **MEXICAN INSPIRED \$27.50**

- Choice of chicken OR ground beef (DF, GF)
- Soft flour (VG) and hard corn tortillas (VG, GF)
- Pico de gallo, guacamole and lettuce (V, GF)
- Baja sauce and nacho cheese (VG, GF)
- Spicy potato wedges (VG)
- Cilantro lime coleslaw (VG)
- Sub carne asada steak add \$3.75

#### **MEDITERRANEAN INSPIRED \$30**

- Grilled pita bread (VG)
- Tzatziki and hummus (VG)
- Mediterranean marinated chicken breast (DF, GF)
- Greek salad with feta (VG, GF)
- Greek wild rice blend (VG, GF)

#### **STIR FRY \$30**

- Grilled flatbread (V)
- Organic green salad with assorted dressings (V, GF)
- Sweet chili chicken and vegetable stir fry (DF, GF)
- Steamed rice pilaf (V, GF)
- Sub teriyaki steak add \$3.50

#### **ORIENTAL INSPIRED \$29**

- Chow mein noodles (VG)
- Organic green salad with mandarin oranges, cranberries, almonds and assorted dressings (V, GF)
- Sweet and sour pork OR Szechuan chicken

#### **INDIAN INSPIRED \$30**

- Grilled naan bread (VG)
- Tomato cucumber salad (V, GF)
- Lemon ginger basmati rice (V, GF)
- Chickpea curry (V, GF) OR butter chicken (GF)

#### **ROAST CHICKEN LUNCH \$30**

- Dinner rolls and butter (VG)
- Organic green salad with assorted dressings (V, GF)
- Balsamic marinated vegetable salad (V, GF)
- Herb roasted potato (V, GF)
- Grilled oregano chicken breast served with your choice of sauce:
  - Wild blueberry and cranberry au jus (DF, GF)
  - Roasted vegetable pomodoro sauce (DF, GF)
  - Mushroom, spinach and spring onion cream sauce (GF)

#### **ITALIAN PASTA \$29**

- Garlic toast (VG)
- Balsamic marinated vegetable salad (V, GF)
- Caesar salad
- Choice of one:
  - Penne in a chicken pomodoro sauce (DF)
  - Penne chicken alfredo
  - Bechamel vegetable lasagna (VG)

#### **BBQ PULLED PORK WITH MAC & CHEESE \$30**

- BBQ pulled pork and kaiser bun
- Horseradish, dijon mustard and applesauce
- Country coleslaw (VG)
- Herb marinated vegetable salad (V, GF)
- Creamy macaroni and cheese (VG)

# **HOT LUNCH BUFFETS**

Minimum order of 10 guests per selection.

All hot lunch buffets are served with dessert squares, cookies and sliced fruit. Choice of iced tea, lemonade or punch. Hot lunch buffets are based on a 2 hour service. Available after 5 pm for a light dinner, additional labour will apply.

#### **CHILI BUFFET \$26**

- Dinner rolls and butter (VG)
- Organic green salad with assorted dressings (V, GF)
- Beef (GF, DF) OR vegan chili (V, GF)
- Corn tortilla chips and salsa (VG, GF)

#### **BISON CHILI\$30**

- Fried bannock (VG)
- Bison chili (DF, GF)
- Organic greens, arugula, berries, pecans and spring onion salad with assorted dressings (V, GF)
- Salted kettle chips with ranch dip (VG)

#### **INDIGENOUS INSPIRED \$29**

- Fried bannock (VG)
- Organic green salad with assorted dressings (V, GF)
- Beef chili (GF, DF)
- Salsa, sour cream, lettuce and nacho cheese (VG)

#### **THREE SISTERS SOUP BUFFET \$25**

- Fried bannock (VG)
- Three sisters soup (V, GF)
- Spinach, baby kale, peaches, berries, almond and cranberry salad with assorted dressings (V, GF)
- Salted kettle chips with ranch dip (VG)

### **HEARTY CHICKEN SOUP BUFFET \$25**

- Dinner rolls and butter (VG)
- Roast chicken and vegetable soup (DF, GF)
- Organic green salad with assorted dressings (V, GF)
- Salted kettle chips and ranch dip (VG)

#### **HEARTY COMFORT \$30**

- Dinner rolls and butter (VG)
- Braised beef provencal (DF, GF)
- Organic green salad with assorted dressings (V, GF)
- Herb and garlic mashed potato (VG, GF)
- Seasoned green beans (V, GF)

#### **CHEFS INSPIRED LUNCH \$37**

Minimum order of 20 guests.

- Dinner rolls and butter (VG)
- Organic green salad with mandarin oranges, cranberries and spring onion (V, GF)
- Caesar salad
- Market vegetable platter with hummus (V, GF)
- Roasted broccoli and cauliflower (V. GF)

#### Choice of one entree:

- Thyme roasted chicken breast with wild blueberry and cranberry au jus (DF, GF)
- Garlic and dill seared salmon filet with tropical pineapple and roasted red pepper salsa (DF, GF)
- Braised beef provencal (DF, GF)
- Plant based crumble cacciatore with onions, carrots, celery, bell peppers, tomato & spices (V, GF)

#### Choice of one starch:

- Herb roasted potato (V, GF)
- Seasoned rice pilaf (V, GF)
- Garlic and herb whipped potato (V, GF)

# **DINNER BUFFETS**

Minimum order of 40 guests per selection. Chosen selections are for all guests. Available after 5 pm. If an earlier start is required, please inquire with your coordinator.

# BUILD YOUR CLASSIC DINNER

### CHOICE OF ONE PROTEIN \$43/person

Classic dinner buffet includes rolls and butter, caesar salad, organic green salad with dressings, bechamel vegetable lasagna, choice of one protein, choice of one vegetable dish, choice of one starch dish, chef's selection of bars, cookies, sliced fruit, coffee and tea.

Beverages - coffee, assorted tea and

water station

### **CHOICE OF ONE CLASSIC PROTEIN:**

#### THYME ROASTED CHICKEN BREAST

Served with your choice of sauce:

- Wild blueberry and cranberry au jus (DF, GF)
- Roasted vegetable tomato pomodoro (DF, GF)

#### **GARLIC & DILL SEARED SALMON FILET**

Served with tropical pineapple and roasted red pepper salsa (GF, DF)

#### **BRAISED BEEF PROVENCAL**

Slow braised chuck roast beef, onion, carrot and peppers in a rich au jus (GF, DF)

#### PINEAPPLE GLAZED CRANBERRY HAM

Served with pineapple and cranberry demi-glaze, apple sauce and dijon mustard (GF, DF)

### **CHOICE OF ONE CLASSIC VEGETABLE:**

- Lemon and oregano roasted carrots (V, GF)
- Honey dill steamed carrots (GF, DF)
- Roasted broccoli and cauliflower (V, GF)
- Seasoned green bean and carrots with thyme (V, GF)

### **CHOICE OF ONE CLASSIC STARCH:**

- Italian seasoned rice pilaf (V, GF)
- Mashed roasted garlic and herb potato (VG, GF)
- Herb roasted baby potato (V, GF)

# **DINNER BUFFETS**

Minimum order of 40 guests per selection. Chosen selections are for all guests. Available after 5 pm. If an earlier start is required, please inquire with your coordinator.



# BUILD YOUR PREMIERE DINNER

### CHOICE OF ONE PROTEIN \$47/person

Premiere dinner buffet includes rolls and butter, your choice of two salads, one protein, one vegetable dish, one starch dish, choice of one pasta or vegan dish, chef's dessert selection, coffee and tea. Chosen selections are for all guests.

1	Dinner rolls with butter
2	Choice of TWO salads
3	Choice of ONE vegetable dish
4	Choice of ONE starch dish
5	Choice of ONE pasta or vegan dish
6	Chef selection of cakes, bars, cookies and sliced fruit
7	Beverages - coffee, assorted tea and water station

### **CHOICE OF TWO PREMIERE SALADS:**

- Organic green chopped salad with tomato, carrot, onion, cucumber and your choice of dressings (V, GF).
- Organic greens, poached peaches, strawberries, raisins, almonds, spring onion and your choice of dressings (V, GF).
- Organic greens, mandarin oranges, dried cranberries, spring onion and your choice of dressings (V, GF).
- Spinach and kale salad with goat cheese, cranberries, onion and choice of dressings (VG, GF).
- Balsamic marinated vegetable salad (V, GF).
- Thai sesame vegetable salad (VG).
- Roasted potato salad with tomato salsa, spring onion and jalapeno (V, GF).
- Classic creamy potato salad (VG).
- Lemon chickpea and vegetable salad (V, GF).
- Creamy macaroni pasta salad with cheddar, celery, onion and bell pepper (VG).
- Caesar salad with croutons and asiago cheese.
- Cilantro lime coleslaw (VG).
- Greek vegetable salad with feta (VG, GF).

#### **DRESSING CHOICES:**

### Choice of up to 3 per green salad:

- Ranch dressing (VG)
- Balsamic vinaigrette (V, GF)
- Raspberry vinaigrette (V, GF)
- Italian dressing (V, GF)
- Greek herb vinaigrette (V, GF)

# CHOICE OF ONE PREMIERE VEGETABLE:

- Lemon and oregano roasted carrots (V, GF)
- Honey dill steamed carrots (GF, DF)
- Roasted broccoli and cauliflower (V, GF)
- Roasted root vegetable medley (V, GF)
- Steamed broccoli, carrots and cauliflower (V, GF)
- Seasoned green beans and carrots with thyme (V, GF)

#### **CHOICE OF ONE PREMIERE STARCH:**

- Lemon ginger basmati rice (V, GF)
- Wild rice with herbs (V, GF)
- Italian seasoned rice pilaf (V, GF)
- Mashed roasted garlic and herb potato (GF)
- Roasted greek and lemon potato (V, GF)
- Herb roasted baby potato (V, GF)
- Roasted sweet potato and chives (V, GF)
- Apple cranberry stuffing (VG, DF)



### **CHOICE OF ONE PREMIERE PROTEIN:**

#### THYME ROASTED CHICKEN BREAST

Served with your choice of sauce:

- Wild blueberry and cranberry au jus (GF, DF)
- Roasted bell pepper and caramelized onion coconut cream sauce (GF, DF)
- Roasted vegetable pomodoro sauce (GF, DF)
- White wine mushroom, spinach and spring onion cream sauce (GF)

#### GRILLED BALSAMIC CHICKEN BREAST

Served with caramelized onions and bell peppers (DF, GF)

#### PARMESAN CRUSTED CHICKEN BREAST

Served with roasted red pepper and tomato bruschetta

#### SAGE ROASTED TURKEY

Served with cranberry sauce and a cider pan gravy (GF, DF)

#### PINEAPPLE GLAZED CRANBERRY HAM

Served with pineapple and cranberry demi-glaze, apple sauce and dijon mustard (GF, DF)

#### SOUTHWEST SPICED PORK TENDERLOIN

Served with a spring onion and cilantro infused au jus (GF, DF)



#### LEMON & HERB BAKED SALMON FILET

Served with your choice of sauce:

- Rustic spinach and tomato basil sauce (GF, DF)
- Mushroom dill cream sauce (GF)

#### **GARLIC & DILL SEARED SALMON FILET**

Served with tropical pineapple and roasted red pepper salsa (GF, DF)

#### **BRAISED BEEF PROVENCAL**

Slow braised chuck roast beef, onion, carrot and peppers in a rich au jus (GF, DF)

### **ROAST BEEF & MUSHROOM FORESTIERE**

Slow roasted baron of beef simmered with sautéed mushroom, spring onion, herbs & spices (GF)

#### TRADITIONAL BEEF LASAGNA

Tomatoes, garlic, onions and beef layered and baked with a blend of ricotta, mozzarella, romano, parmesan and asiago cheese

### **DIJON CRUSTED BARON OF BEEF**

Chef carved and served with red wine rosemary au jus, horeseradish and dijon mustard (GF, DF). Add \$4.50/person.



# CHOICE OF ONE PREMIERE PASTA OR VEGAN DISH:

#### **CHEESE FILLED TORTELLINI**

Served in a roasted vegetable and oregano tomato sauce (VG)

#### PENNE FLORENTINA

Wilted spinach, sautéed mushroom, onion and garlic white wine cream sauce (VG)

#### **QUATTRO FROMAGGIO RAVIOLI**

Four cheese ravioli served in a roasted red bell pepper cream sauce (VG)

#### **BECHAMEL VEGETABLE LASAGNA**

Baked with vegetables, bechamel, ricotta, mozzarella and parmesan (VG)

#### **MACARONI & CHEESE**

Creamy cheddar and asiago cheese sauce (VG)

#### **BUTTERNUT SQUASH & BABY KALE BOW TIE**

Butternut squash, baby kale and onions tossed in a sun-dried tomato pesto cream sauce (VG)

### **ROASTED ROTINI VEGETABLE MARINARA**

Roasted garden vegetables in a fire roasted tomato sauce (VG, DF)

#### SEVEN BEAN SUCCOTASH WITH RICE

Seven bean medley, onion, bell pepper, tomato and spring onion with herbs and chili flakes served with rice (V, GF)

#### RATATOUILLE WITH RICE

Roasted garden vegetables with black beans and kidney beans served with rice (V, GF)

#### **ROASTED CHANA MASALA WITH RICE**

Served with carrot, onion, celery, broccoli, cauliflower and garlic (V, GF)

# THAI COCONUT CAULIFLOWER CURRY WITH RICE

Served with spring onion and cilantro (V, GF)

# PLANT BASED CRUMBLE CACCIATORE WITH RICE

Braised plant based crumble with onions, carrots, celery, bell peppers, tomato, herbs and spices (V, GF)





# **ADD EXTRAS**

Minimum order of 40 guests per selection. Can be added to any buffet.

#### **PROTEIN**

Add an additional - \$8.50/person

#### **SALAD**

Add an additional - \$4.50/person

#### **VEGETABLE DISH**

Add an additional - \$3.50/person

### **STARCH DISH**

Add an additional - \$4/person

#### **PASTA OR VEGAN DISH**

Add an additional - \$6/person



# **PLATED DINNERS**

Minimum order of 50 guests per selection.

# BUILD YOUR PLATED DINNER

All plated dinners are 3 courses and include dinner rolls with butter, choice of seasonal salad OR soup, choice of one main entree, chef's seasonal dessert with coffee and tea service.

Please note only ONE plated menu may be selected for the entire group.

All pricing is based on the entree selection and is a base starting price which may change based on any additional customization requests.

We are also happy to create a custom plated menu based on your event needs or with additional courses.

Dinner rolls with butter
Choice of chef's seasonal salad OR soup
Choice of ONE entree for all guests

Chef's seasonal dessert with coffee & tea service



### FIRST COURSE - CHOICE OF ONE:

Inquire with your coordinator for seasonal selections.

**CHEF'S SEASONAL SALAD** 

CHEF'S SEASONAL SOUP

### **SECOND COURSE - CHOICE OF ONE:**

Inquire with your coordinator for detailed descriptions or to discuss entree preferences. All entrees served with a starch and vegetables.

**CHICKEN ENTREE STARTING AT \$75** 

**SALMON ENTREE STARTING AT \$90** 

**BEEF ENTREE STARTING AT \$100** 

**BEEF TENDERLOIN ENTREE** STARTING AT \$125

### **THIRD COURSE-INCLUDED:**

Inquire with your coordinator for seasonal selections.

#### **CHEF'S SEASONAL DESSERT**

Served with coffee & tea service.

# **ACTION STATION**

Minimum order of 40 guests based on two appetizers per person. Priced per person.

Let us wow the crowd with a chef attended action station where we cook the food in front of your guests.

#### **GNOCCHI DUO \$18**

Pan seared potato gnocchi with garlic and herbs tossed with:

- Lemon and spring onion pesto cream sauce (VG).
- Roasted red pepper, butternut squash, spinach and basil (VG).

#### **SESAME GINGER CHILI PRAWNS \$18**

Tiger prawns sautéed in butter with garlic, herbs, white wine, sambal and sesame ginger soy.

#### **MAPLE CRANBERRY PRAWNS \$18**

Tiger prawns sautéed in butter with garlic, herbs, white wine and maple cranberry salsa.

#### **SLOW ROASTED BEEF ON A BUN \$18**

Carved baron of beef on a bun with red wine demi glaze, horseradish, mustard and caramelized onion.

### **BOURBON WHISKEY BBQ CHICKEN \$18**

Flambéed with garlic, onion, bell pepper and drizzled with smokey BBQ sauce and spring onion (GF, DF).

### **CARNITA PORK TACO \$17**

Braised pork, pico de gallo, corn and black bean salsa topped with fresh greens and monterey jack cheese.

# HORS D'OEUVRES PACKAGES

Minimum order of 30 guests. Priced per person.

#### **LIGHT RECEPTION \$27**

- 5 7 pieces per person, ideal for a mid-afternoon, late evening or short reception. Choice of:
- 4 classic items
- 2 premiere items
- Market vegetable platter OR sweet treat platter

#### **COCKTAIL RECEPTION \$35**

- 7 9 pieces per person, ideal for the equivalent of a light meal. Choice of:
- 5 classic items
- 3 premiere items
- Market vegetable platter OR sweet treat platter

#### **DINNER RECEPTION \$47**

11 - 13 pieces per person, ideal for the equivalent of a dinner. Choice of:

- 6 classic items
- 4 premiere items
- Market vegetable platter OR sweet treat platter



# **HORS D'OEUVRES**

Price per dozen. Minimum of 3 dozen per hors d'oeuvres.

### **SERVED COLD**

#### **CLASSIC SELECTIONS**

- \$42 Crostini topped with artichoke, parmesan, olive tapenade and roasted bell pepper (VG)
- \$42 Caprese crostini with basil goat cheese spread, roasted grape tomato and spinach (VG)
- \$44 Crostini topped with butternut squash, ricotta cheese, pecan and spring onions (VG)
- \$42 Spicy roasted chickpea and avocado cucumber bites (V, GF)
- \$42 Roasted pumpkin hummus, spring onion and bell pepper cucumber bites (V, GF)
- \$42 Balsamic roasted vegetable and organic green salad rolls with raspberry vinaigrette (V, GF)
- \$45 Mini taco with Asian marinated cucumber, carrot, herbs, garlic and sambal (V)
- \$9/each Charcuterie cup with salami, prosciutto, cheddar, pepperoni, brie, berries, grapes, pickles, olives, bell peppers, crackers, nuts and bread sticks. Minimum order of 20. Not included in the hors d'oeuvres packages.

#### PREMIERE SELECTIONS

- \$59 Focaccia topped with smoked salmon, lemon dill cream cheese, red onion and fried capers
- \$46 Mini bocconcini salad skewered and drizzled with balsamic glaze (VG, GF)
- \$48 Mini taco with roasted peach, avocado, cilantro, spring onion and citrus dressing (V)
- \$62 Sweet and spicy chili lime marinated jumbo prawns (GF, DF)
- \$62 Maple cranberry marinated jumbo prawns (GF, DF)
- \$48 Crostini with caramelized apple, smoked bacon and gorgonzola cheese
- \$48 Crostini with thyme cream cheese, prosciutto, poached pears and honey drizzle
- \$47 Mini avocado toast with grape tomato, bocconcini and balsamic glaze (VG)



# **HORS D'OEUVRES**

Price per dozen. Minimum of 3 dozen per hors d'oeuvres.

### **SERVED HOT**

#### **CLASSIC SELECTIONS**

- \$44 Spinach, olive and feta puff pastry roll (VG)
- \$44 Brie, cranberry and almond phyllo (VG)
- \$40 Chicken and vegetable gyoza with soy sauce
- \$44 Vegetarian spring rolls with plum sauce (VG)
- \$44 Blueberry, pecan and ricotta phyllo (VG)
- \$38 Mini all beef meatballs
- \$40 Roasted chicken wings (hot, lemon pepper, greek or cajun) (GF, DF)
- \$35 Tempura mushrooms with chili soy sauce (VG)
- \$39 Mini samosa with sweet plum sauce (VG)
- \$45 Vegan zucchini boats stuffed with greek plant protein crumble and vegan cheese (V, GF)



#### PREMIERE SELECTIONS

- \$52 Philly steak puff pastry roll with swiss cheese, caramelized onions and bell peppers
- \$46 Roasted vegetable and chickpea curry phyllo (VG)
- \$58 Ground bison, roasted beet and goat cheese puff pastry roll
- \$46 Roasted squash, caramelized onion and ricotta tartlet (VG)
- \$52 Smoked salmon and lemon dill cream cheese tartlet
- \$56 Coconut crusted shrimp with tropical salsa
- \$52 Masala panko crusted coconut chicken with pineapple mango sauce and fresh coriander
- \$52 Parmesan crusted chicken bites with micro greens, drizzled with a marinara aioli
- \$49 Cheddar crab jalapeno popper with dill ranch
- \$55 Bacon wrapped sirloin bites with creamed horseradish sauce
- \$54 Szechuan style chicken satay (DF)
- \$54 Roasted zucchini, bell pepper and tomato slider with garlic and herb cream cheese (VG)
- \$60 Sage roast turkey slider with cranberry aioli, grainy mustard, caramelized onion and swiss cheese
- \$64 Teriyaki beef steak sliders with sriracha mayo and sesame slaw (DF)



# **PLATTERS**

Guests - small (10-15), medium (20-30), large (40 - 50).

#### MARKET VEGETABLE (VG)

SMALL \$107 I MEDIUM \$149 I LARGE \$254 Assorted vegetables served with ranch dip.

#### **PICKLED VEGETABLE (V)**

SMALL \$79 | MEDIUM \$112 | LARGE \$209 Gerkins, baby dill pickles, beets, assorted olives and banana peppers.

#### **VEGETARIAN ANTIPASTO** (V, GF)

SMALL \$160 I MEDIUM \$235 I LARGE \$389 Balsamic marinated vegetables and roasted garlic cloves served with herb marinated bocconcini, kalamata olives and panini bread.

#### **SLICED FRUIT & YOGURT (VG, GF)**

SMALL \$129 I MEDIUM \$189 I LARGE \$335 Assorted seasonal fruit with strawberry yogurt dip.

### FRUIT & CHEESE (VG)

SMALL \$139 I MEDIUM \$238 I LARGE \$395 Assorted seasonal fruit, cheddar and swiss cheese served with grapes, berries and an assortment of crackers.

#### **CHEESE & CRACKERS** (VG)

SMALL \$139 | MEDIUM \$229 | LARGE \$389 Assorted soft and hard cheese served with crackers and berries.

### **GOURMET CHEESE & BAGUETTE (VG)**

SMALL \$179 I MEDIUM \$295 I LARGE \$454 Herb goat cheese balls, brie, gorgonzola, sharp cheddar and swiss served with garlic baguette crostini, crackers, berries and grapes.

#### **COLD CUT SELECTION**

SMALL \$139 | MEDIUM \$229 | LARGE \$389 Ham, turkey, roast beef and genoa salami.

#### **DELISELECTION**

SMALL \$140 I MEDIUM \$244 I LARGE \$399 Ham, turkey, roast beef, genoa salami with assorted pickles, cheese and crackers.

#### **CHARCUTERIE**

SMALL \$209 I MEDIUM \$319 I LARGE \$469 Herb marinated bocconcini, brie, sharp cheddar, genoa salami, smoked prosciutto, roasted garlic, roast turkey, pepperoni and kalamata olives served with panini bread, crackers, berries and grapes.

#### HIGH TEA SANDWICHES & PINWHEELS

SMALL \$92 I MEDIUM \$128 I LARGE \$229 Egg salad, cucumber and lemon cream cheese, pesto turkey with havarti and roasted red pepper with spinach.

#### THE MEXICAN SNACK (VG)

SMALL \$82 I MEDIUM \$120 I LARGE \$226 Pico de gallo, guacamole, lime cilantro sour cream, roasted corn and black bean salsa and chipotle ranch dip served with corn tortilla chips.

#### **CHIPS & DIPS (VG)**

SMALL \$79 I MEDIUM \$115 I LARGE \$219 Bruschetta, hummus, ranch and french onion dip served with salted kettle chips and crostini.

### **MEDITERRANEAN** (VG)

SMALL \$105 I MEDIUM \$147 I LARGE \$249 Vegetables with hummus, tzatziki and spinach dip served with garlic baguette crostini and corn tortilla chips.

#### **GLUTEN FREE SNACK (VG, GF)**

SMALL \$80 I MEDIUM \$118 I LARGE \$219 Sweet and spicy peach salsa, roasted pumpkin hummus, bruschetta and herb goat cheese balls served with gluten free crackers, corn tortilla chips and berries.

#### THEATRE SNACKS

SMALL \$78 I MEDIUM \$119 I LARGE \$219 Licorice, assorted mini chocolate bars, pretzels and individual bags of popcorn.

#### **COMBO PLATTERS**

#### PLATTER COMBO A \$585

Package includes a medium platter of each of the following:

- Market Vegetable Platter
- Cheese & Crackers Platter
- Cold Cut Selection Platter

#### **PLATTER COMBO B \$429**

Package includes a medium platter of each of the following:

- Sliced Fruit & Yogurt Platter
- Mediterranean Platter
- Chips & Dips Platter

### PLATTER COMBO C \$465

Package includes a medium platter of each of the following:

- High Tea Sandwiches & Pinwheels Platter
- Fruit & Cheese Platter
- Pickled Vegetable Platter

### **SWEET TREATS**

Priced at 20 treats per selection unless stated.

**VEGAN COOKIES & QUINOA BITES** \$28 (V, GF, NF) (Priced per dozen)

**ASSORTED COOKIES** \$22 (Priced per dozen)

MINI SOFT BLUEBERRY & MINI SOFT APPLE COOKIES \$20 (Priced per dozen)

**BROWNIE BITES** \$26 (Priced per dozen) (GF)

NANAIMO BARS \$28 (Priced per dozen) (GF)

**ASSORTED BAKER'S VARIETY \$34** 

**ASSORTED BROWNIE VARIETY \$35** 

#### **CHOCOLATE LOVERS \$35**

Silky chocolate truffle bars, maple chocolate cake, chocolate brownies and mini macaroons.

#### **GLUTEN FREE COMBO** \$42 (GF)

Mini brownie bites, nanaimo bars and fresh fruit.

#### VEGAN COMBO \$42 (V, GF)

Peanut butter energy bites, vegan cookies and quinoa bites with fresh fruit.

#### MINI CHEESECAKE TRIO \$39

Vanilla, strawberry and caramel chocolate chip.

STRAWBERRY & BROWNIE KEBABS (VG, GF) \$42

#### **CHEF'S FAVOURITES \$38**

Cream puffs, caramel macaroon bar, nanaimo bar and lemon bar.

#### MINI FRUIT SKEWERS \$44 (V, GF, NF)

#### **FRUIT TART TRIO** \$39

Mini blueberry tarts, apple cranberry tarts and lemon tarts.

#### **VEGAN CHOCOLATE GANACHE SQUARES \$52**

(V, GF, NF)

Garnished with berries and raspberry coulis.

#### **VEGAN CHEESECAKE SLICES** \$6.50 (V, GF, NF)

Garnished with berries and raspberry coulis. *Priced per individual serving.* 

# STRAWBERRY SHORTCAKE STATION \$9.50 (NF) STRAWBERRY SHORTCAKE HALF SIZE \$5.25 (NF)

Vanilla sponge cake, fresh strawberries, mixed triple berries and vanilla whipped cream. *Priced per individual serving. Minimum order of 10.* 

### WHIPPED STRAWBERRY CHEESECAKE \$6.50 WHIPPED BLUEBERRY PEACH CHEESECAKE \$6.50

Individual mini whipped cheesecake with graham cracker crumbs and fruit.

Priced per individual serving. Minimum order of 10

### **CHOCOLATE CARAMEL APPLE TRIFLE \$6.50**

Individual vanilla sponge cake, braised caramel apples and milk chocolate ganache. *Priced per individual serving. Minimum order of 10* 

### **LEMON LAVENDER CHEESECAKE ROUNDS \$10**

Garnished with berries and shaved chocolate. *Priced per individual serving. Minimum order of 10* 

### **SWEET TREATS**

20 pieces of each of the listed options.

### **COMBO PLATTERS**

#### **SWEET TREAT COMBO A \$100**

20 chef's favourites, 20 mini cheesecake trio and 20 brownie variety.

#### **SWEET TREAT COMBO B \$106**

20 mini fruit skewers, 20 cookies and 20 bakers specialty.

#### **SWEET TREAT COMBO C \$129**

20 halves of lemon lavender cheesecake rounds and 20 pieces of chef's favourite.

### LATE NIGHT SNACK

Priced per person with a 10 guest minimum. A perfect add-on to any event. Served between 8 - 10:45 pm.

#### **HOT DOG BAR \$15**

All beef hot dogs, buns, ketchup, relish, mustard, onions and kettle chips in your choice of flavours: plain, salted, sea salt & black pepper, greek, dill, cajun or lemon pepper, served with ranch dip.

#### **POUTINE BAR \$15**

Build your own poutine. Battered plank fries served with classic cheese curds, triple cheese blend, gravy, green onions, jalapeños, tomatoes and crumbled bacon.

#### **CEREAL BAR \$10**

Assorted cereal served with 2% milk and almond milk.

#### **POLLO ASADA CHICKEN TACO BAR \$15**

Pollo asada chicken, pico de gallo, baja sauce, guacamole, triple cheese blend and lettuce served with soft flour and hard corn tortillas. Accompanied with corn tortilla chips, salsa and sour cream.

#### **SLIDER STATION \$15**

Build your own slider with your choice of:

- BBQ pulled pork sliders served with horseradish and dijon mustard.
- BBQ pulled chicken sliders served with horseradish and dijon mustard.

Served with salted kettle chips with ranch dip.

#### **SANDWICH STATION \$15**

Build your own sandwich: turkey, roast beef, ham, cheddar cheese, swiss cheese, shredded lettuce, tomato, margarine, mayo and mustard on a kaiser bun.

#### **MASHED POTATO BAR \$15**

Build your own mashed potato. Roast garlic mashed potato, brown gravy, crumbled bacon, sausage crumble, triple cheese blend, asiago cheese, spring onion, bell peppers, tomato, sour cream and salsa.

### **MACARONI & CHEESE BAR \$15**

Build your own macaroni & cheese! Beef chili, crumbled bacon, sausage crumble, triple cheese blend, asiago cheese, spring onion, bell peppers, tomato, sour cream and salsa.

# **BEVERAGES**

Priced per person unless otherwise stated.

#### WHITE BUFFALO COFFEE \$3.50

Indigenous farmed, 100% fair trade coffee. Regular and decaf, served in 10 cup urns.

#### FAIR TRADE ORGANIC TEA \$3.50

Fair trade organic certified tea blends. Regular and herbal, served in 10 cup urns.

#### **HOT CHOCOLATE \$3.25**

Served in 10 cup urns.

#### **INFUSED WATER \$1.75**

Choice of lemon, lime, orange, melon, cucumber, or mint.

PERRIER SPARKLING WATER \$5.50
AHA CANNED SPARKLING WATER \$3.25
SUNRYPE JUICE BOXES \$2.75
DASANI BOTTLED WATER \$4

#### **CANNED POP \$3**

Coke, Diet Coke, Sprite and Ginger Ale.

#### **BOTTLED JUICE \$4.75** (355ml)

Apple and orange juice.

#### **CRYSTAL JUICE**

Ice tea, lemonade, fruit punch and peach: 60oz pitcher \$19 30 cup igloo \$65 50 cup igloo \$99

### FRUIT JUICE

Apple, orange and cranberry: 60oz pitcher \$29 30 cup igloo \$94 50 cup igloo \$147

#### **REAL FRUIT PUNCH**

30 cup igloo \$90 50 cup igloo \$140

# **NON-ALCOHOL**

All of the below selections will be available with regular bar services. A non-alcohol bar can also be requested. A guaranteed minimum revenue of \$100 must be generated for every hour of service. If the minimum is not reached, a bartender fee of actual labour hours worked will be charged or the difference between the minimum and actual sales, whichever is less.

### **MOCKTAILS**

#### **LAVENDER LEMONADE \$6**

Lavender simple syrup, lemonade, soda.

#### **VIRGIN CAESAR \$6**

Clamato, worchestershire, lime juice.

#### **ESPRESSO MARTINI \$5.75**

Arabica coffee, cream, sugar.

SPARKMOUTH LIME MARGARITA \$5.75 SPARKMOUTH MOSCOW MULE \$5.75 SPARKMOUTH MIMOSA \$5.75

# NON-ALCOHOL BEER

BUDWEISER ZERO \$6.50 CORONA SUNBREW \$6 STANLEY PARK SUN SETTER PEACH ALE \$6.50 STANLEY PARK TRAIL HOPPER IPA \$6.50



### ALCOHOL

Cash bar prices listed include applicable taxes. For all cash and host bars, a guaranteed minimum revenue of \$100 must be generated for every hour of service. If the minimum is not reached, a bartender fee of actual labour hours worked will be charged or the difference between the minimum and actual sales, whichever is less. Table wine served at dinner is not calculated in the bar revenue. Under the terms of the BC Liquor License Act, the TRU Conference Centre is prohibited from allowing any individual or group to provide their own alcohol at catered events.

#### WINE BY THE GLASS \$7.50 (5oz)

- Hester Creek Terra Unica White
- Hester Creek Terra Unica Red

REGULAR HIGHBALLS \$7.50 (1oz) PREMIUM HIGHBALLS \$8.50 (1oz) LIQUEURS \$8 (1oz)

#### **DOMESTIC BEER \$7.50**

- Budweiser (341ml)
- Coors Light (341ml)

#### **PREMIUM DOMESTIC BEER \$7.50**

- Okanagan Springs Pale Ale (355ml)
- Sleeman Honey Brown (341ml)

#### **IMPORT BEER \$8.25**

- Heineken (330ml)
- Corona (330ml)

### KAMLOOPS LOCAL BEERS

- Iron Road Seasonal Beer (355ml) \$7.50
- Red Collar Seasonal Beer (473ml) \$8.25

### **COOLERS & CIDERS**

- Woodward Send It Cider (473ml) \$8.50
- Woodward Wolfberry Cider (473ml) \$8.50
- Assorted White Claw (355ml) \$8.25
- Assorted Nude Sodas (355ml) \$8.25
- Assorted Growers (330ml) \$8.25

#### COCKTAILS \$8.50 (1oz)

- Caesars
- Long island ice tea
- Old Fashioned
- Mojito

### WINE

Wine pricing is subject to applicable taxes and a 15% gratuity. Not all wine selections are available for purchase on the bar. Clients are able to choose wines that are not listed in our wine selections for consumption at their event. Some restrictions may apply.

#### WHITE

- Red Rooster Pinot Gris \$35
- Red Rooster Chardonnay \$35
- Hester Creek Pinot Gris \$37
- Monte Creek Hands Up White \$37

#### **RED**

- Hester Creek Merlot \$37
- Monte Creek Hands Up Red \$38
- Sandhill Cabernet Merlot \$40
- Privato Merlot \$43

#### **ROSÉ & SPARKLING**

• Privato Bolle Rosa Rosé \$50

### **VENUE POLICIES**

The most up to date venue policies can be found on our website tru.ca/conferencecentre/terms-conditions.html

#### **GUARANTEED NUMBERS**

- Estimated guest numbers are required at time of booking or thirty (30) days prior to the event.
- For events with two hundred (200) or less guests, guaranteed number of guests and dietaries must be submitted eight (8) days before the event.
- For events with over two hundred (200) guests, a guaranteed number of guests and dietaries must be submitted fourteen (14) days prior to the event.
- Price estimates will be based on the guaranteed number of guests.
- Final service charges will be based on the actual number of guests who attend the event if higher than guaranteed guest count

#### **FEES & DEPOSITS**

- All bookings require a non-refundable deposit, due within thirty (30) days of booking the event.
- Deposit required for a one-day event is the total of all room rental charges for the day (not including set-up).
- Deposit required for a multi-day event is the total of all room rental charges for the first day of the event.
- 75% of the remaining balance is due seven (7) days before the event.
- Final invoice will be emailed to the client within ten (10) days after the event.
- Prices are subject to change without notice but will be honoured within sixty (60) days of the event.
- Account code is required from TRU departments for booking TRU catering and events.

#### ATTRITION & CANCELLATION POLICY

- All cancellations require a written notice (email acceptable) to the TRU Conference Centre Sales Representative.
- All deposits are non-refundable.
- Cancellation fees will apply to all bookings canceled sixty (60) days or less before the event.
- Bookings canceled sixty one (61) days or more before the event will not be subject to cancellation fees.

### Cancellation fees are calculated as a percentage of the total estimated service cost and apply as follows: CATERING:

- 25% if canceled between sixty (60) and fifteen (15) days before the event.
- 50% if canceled between fourteen (14) and (8) days before the event.
- 90% if canceled seven (7) days or less before the event.
- 100% if canceled 24 hours or less before the event.

#### **ROOM RENTAL:**

• 100% if canceled thirty (30) days or less before the event.

#### ADDITIONAL:

- 100% of total labour costs if canceled 24 hours or less before the event.
- 100% of cost of any custom orders or special request food items.
- 100% of any additional costs incurred by TRU related to the event.
- For events over two hundred (200) guests, there will be an allowable attrition rate of 20% from estimated numbers thirty (30) days prior to the event, to the guaranteed numbers confirmed fourteen (14) days prior to the event. A charge of 50% of the estimated food and beverage will apply to the difference over the allowable 20% attrition.
- Inclement weather is not a valid cause for cancellation under this contract.

#### FOOD & BEVERAGE SERVICE

- All food and beverage charges are subject to applicable taxes and 15% gratuity.
- Charges do not apply to children of ages (3) and under.
- Food and beverage selection must be submitted fourteen (14) days prior to the event.
- TRU Conference Centre will be the exclusive supplier of all food and beverage items for catered events in the Campus Activity Centre, Panorama Room and the Horticulture Gardens. Limited exceptions may be made for wedding and special occasion cakes.
- Based on Interior Health Food Service Guidelines, any high-risk foods (hot or cold) that have been at room temperature for more than two (2) hours must be disposed of by the service staff.
- Any leftover food and beverages remain the property of the TRU Conference Centre and may not be removed from the premises.
- Food and beverage substitutions may apply due to market availability and unforeseen circumstances.
- Events held in the Campus Activity Centre include china service for all orders from the regular menu.

### **VENUE POLICIES**

• Events held in all areas outside the Campus Activity Centre and all off-site catering include disposable service. China service may be provided at additional cost.

#### LIQUOR SERVICE

- A guaranteed minimum revenue of \$100 must be generated for every hour of service per bartender.
- Should the minimum not be reached, the client will be charged: a bartender fee of actual labour hours worked; or the difference between the minimum and actual sales
- Table wine served at dinner is not calculated in bar revenue.
- Under the terms of the BC Liquor License Act, the TRU Conference Centre is prohibited from allowing any individual or group to provide outside alcohol at catered events.

#### **FACILITY POLICIES**

- The client must sign this contract at least seven (7) days before the event.
- The event is booked only for the times and the venue indicated in this contract.
- In case of unforeseen circumstances, we reserve the right to substitute the venue with a comparable function room.
- All entertainment must end by 12:00 am, all events must end by 1:30 am and the venue must be vacated by 2:00 am.
- Set-up and dismantle times, if required, are not included in the bookings time and should be discussed with your event coordinator.
- If displays, exhibits or products are used, arrangements for their arrival, unloading and departure must be made through the TRU Conference Centre office. Such displays, exhibits, or products are the responsibility of the client and we accept no liability whatsoever for the loss or damage.
- TRU Conference Centre is not responsible for damages to or loss of any articles left by the client or their guests prior to, during or following any event.
- An event coordinator is not guaranteed to be present at the event or remain at the venue for the duration of the event. Should TRU Conference Centre deem it necessary to have an event coordinator present, one will be confirmed seven (7) days before the event.
- TRU Conference Centre reserves the right to inspect and regulate all private parties, meetings and receptions.
- TRU Conference Centre reserves the right to require the client to obtain a security guard service for any event.

#### **ADDITIONAL CHARGES**

- A minimum of \$150 additional cleaning charge will apply for excessive clean-up required due to items such as confetti, popcorn, decor, etc.
- A minimum of \$50 per hour and \$27 per staff member charge will apply for each hour beyond the specified event booking time.
- Additional charges will apply for each staff member required for events hosted on Statutory holidays.
- Charges will apply for any loss or damage to the premises resulting from the event.

#### INDEMNITY AND LIABILITY

- The User will indemnify and save harmless TRU from and against all losses, claims, actions, damages, liability and expenses (including any legal expenses incurred by TRU) arising from or in connection with the use of, or presence in, the facility by User, or any person for whom the User is responsible.
- The User waives any and all claims against, releases from liability and agrees not to sue TRU, its governors, officers, employees, agents and representatives for any personal injury, death, property damage or any other loss sustained by the User or for which the User may be responsible arising out of, or in connection with the User's use of, or presence in, the above noted Facility. Note by signing this agreement you are giving up your right to sue TRU.

#### **FORCE MAJEURE**

Neither party to this Agreement shall be liable to the other or be deemed to be in breach of this Agreement for any failure or delay in rendering performance arising out of causes beyond its reasonable control and without its fault or negligence. Such causes may include but are not limited to, governmental regulation or control, acts of nature or of a public enemy, acts of terrorism, mass-casualty event, fire, flood, local, regional or global outbreak of disease or other public health emergency, social distancing or quarantine restriction, strike, lockout or labour or civil unrest, freight embargo, unusually severe weather, failure of public utility or common carrier, or computer attacks or other malicious act, including attack on or through the internet, or any internet service, telecommunications provider or hosting facility.

#### **PAYMENT METHODS**

- Payment methods accepted are: VISA, MasterCard, AMEX, debit or cheque.
- Made payable to: Ancillary Services, 805 TRU Way, Kamloops BC, V2C 0C8

